



Make Ahead School Meals!



Breakfasts:

- * Whole Wheat French Toast
- * Whole Wheat Pancakes
- * Breakfast Burritos (cheese, sausage, bacon, ham)
- * Egg & Ham English Muffin Sandwiches
- * Egg and Sausage English Muffin Sandwiches
- * Cheesy Ham Muffins
- * Zucchini/Banana Bread Muffins

Lunches:

- * Turkey Cheese Roll-Ups
- * Peanut Butter & Jelly Sandwiches
- * Chicken/Deli Tortilla Wraps
- * Ham & Cheese Kabobs
- * Deli Hawaiian Subs
- * Meat & Cheese Flatwiches
- * Peanut Butter & Jelly Flatwiches
- * Salami Rolls
- * Club Sandwiches
- * Chicken Quesadillas
- * Chicken & Cheese Cubes